

Club 55 Senior Center

By Carol Burrows Club 55 Correspondent

Our contest for this week is timed perfectly to coordinate with the Knickerbocker Ice Festival being held this Saturday, February 6. Our contest is, 'What is your favorite activity to do on Rock Lake in the winter?' Do you like to ice fish, skate, or snowshoe? Send your favorite activity and why you like it to jane.riedl@lakemills.k12.wi.us to be entered into a drawing for a \$5 Chamber Bucks gift certificate. Your entry must be submitted by Monday, February 8th, and the drawing will be announced on Tuesday, February 9th.

So glad that the Mainstreet Program decided to go forward with a smaller version of Knickerbocker as it gives us a reason to get outside and enjoy the winter weather. The ice carvers will be downtown working on their incredible creations. The folks that do these are not professionals but enjoy this winter-related art. There will be ice skating in Commons Park across from the library, and free snowshoe checkout at the Recreation Department, 120 East Lake Park Pl. Come downtown and check out some of the stores that you may not have been in for a while. They will be happy to see you. Shop local is a year-round slogan to keep our community vibrant and strong. It has been a difficult year for our small businesses.

Our first Wednesday Foot Care will be next week, Wednesday the 10th from 9-11:30. Call for an appointment at 920-728-2176. Bring your own towel, \$15. We will also have Bingo on Wednesday, February 10 from 1-2:30 in the gym at RLAC (Rock Lake Activity Center) 229 Fremont Street.

Masks are required for all activities held at Club 55.

Club 55 Senior Center continues to be open on M, T, and Th. from 10-12, and on W from 10-3. Exercise is held on T and TH at 10 even though Diane and Rich decided to see if Florida was warmer without snow to shovel. Come and join us for these free work out times. You may also use the Fitness Room and do your walking indoors during the hours that Club 55 is open. With the sun melting the snow and then freezing it again walking outside can be dangerous. Come inside and use the gym, the hallways or the treadmills. Bring your craft project on Wednesday mornings and see what others are working on to share ideas. We

know that many of you are knitting up a storm. Bring your project here and enjoy a change of pace. How about creating your own valentines this year? Bring a friend and use our supplies.

New puzzles are still being donated for you to choose from. Come in and grab a couple. We also have a nice variety of books for you to browse through and claim as yours. For those of you that like books read to you and have a CD player at home or in your car there is a big variety waiting to become yours. Stop in and help yourself.

I was so saddened to hear of the sudden unexpected passing of Diann Fritsch. She was such a supporter of our senior center and would shop the thrift stores for puzzles and crafts when we started at the church. She would just pop in with an armload of whatever treasures she had found. Lake Mills has lost a real advocate for our community. She did not sit on the sidelines but got involved when help was needed. During her years serving on the City Council, she acquired a real understanding of city government that helped serve her, and us, well. My condolences to her family. I will miss her.